

JPTA PROFILE

Japanese Physical Therapy Association Guide



Greeting



Actively providing user-oriented services that support daily life and lifestyles

Providing quality professional services that help to maximize effects

As physical therapists, we promote health and prevent lifestyle-related illnesses in young and middle-aged patients, helping patients to rehabilitate after an illness or injury and prevent their conditions from worsening and requiring long-term care, as well as provide various services in a wide variety of occupational settings to enable people to live longer and healthier lives. Physical therapists are exercise experts and can provide treatments that achieve safe and reliable outcome.

Providing user-oriented physical therapy that helps to enrich the way that people are able to live their lives

Each person lives their own life in their own special way. And even for the same illness or injury, people have different goals and values. Physical therapists are experts who focus on the individuality of each person, and are skilled at providing user-oriented treatments. We aim to be mindful of the way of living that each person desires and tailor the physical therapy to suit them.

Aiming to provide for never-ending needs and helping to create social value

People have lasting needs throughout their entire lives. Problems requiring solutions will not lessen over a person's lifetime. Physical therapists are experts who continue to take on the challenges of solving such seemingly undoable, impossible, unimproving and endless problems. While continually solving such problems, physical therapists become familiar with creating social value together with their patients and society.

Helping to support the normalization of extraordinary circumstances and to enabling a nation that provides social security

The spread of the novel coronavirus infections and the frequent occurrence of large-scale natural disasters have encouraged the development of physical therapy for normalizing extraordinary circumstances. As physical therapists we will give the highest priority to such measures. Physical therapists are involved in all areas of treatment, providing medical care, long-term care, health care, and welfare-related services, all of which help people to live longer and healthier lives. Through our commitment to provide therapy that supports the physical functions of people of all generations, we aim to enhance Japan's capabilities as a nation that provides social security for everyone.

We believe in a people-oriented approach to physical therapy and will continue to provide services that form the foundation of the social security of the nation. And as physical therapists, we aim to be closely involved in the health and happiness of everyone.

Hideyuki Saito, President

Mission of the association

As a physical therapist, we strive to achieve good health and well-being for all...

- Protect "independence with dignity" and "living".
- Pursuit and create physical therapy science truly required.
And strive to improve our skills and qualities.
- Actively work on making necessary advocacy and implementing social actions.

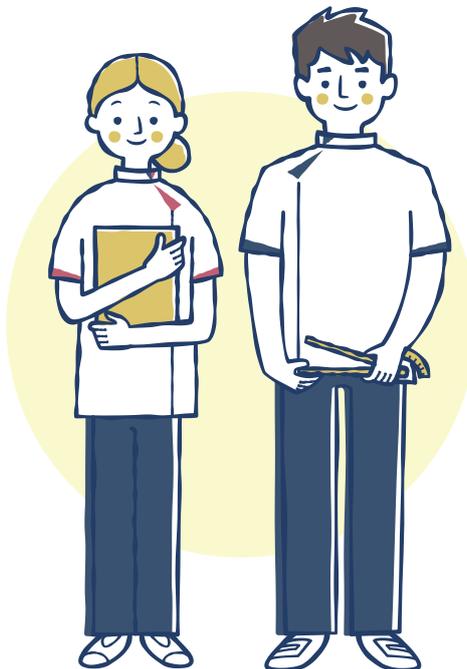
What is physical therapy?

What physical therapists can do.

Evaluate and analyze physical functions and pain.

Create an appropriate physical therapy program.

Give guidance about improving the basic action capability.



Give guidance on correct actions for the purpose of preventing recurrence and worsening of illness.

Conduct physical therapy to ease pain and improve physical function.

Provide support for independent living and improved quality of life.

Places where physical therapists are active



City or ward office/
Public health institute/Health center/
Area comprehensive support center



Graduate School/
Laboratory/Company



Rehabilitation day care center/
Home-visit rehabilitation/
Rehabilitation facility for the elderly/
Advice for housing improvement and welfare equipment



Hospital/Clinic



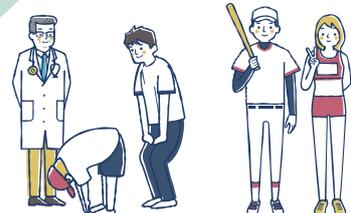
Persons with disabilities welfare center/
Children(persons) with disabilities day care center or
Admission facility/Working support at Hello Work/
Special support class or school



Care prevention/Health promotion/
Lifestyle related disease prevention service/
Frailty prevention



Sports support for children~ women/
athletes



Business overview

More than half a century has passed since the founding of the Japanese Physical Therapy Association in 1966, and the profession of a physical therapist has become more diverse.

As the only academic and professional association for physical therapists in Japan, JPTA is earnestly developing activities that provide support for the Japanese people and meet the various needs of society.

Academic

Academic research activities that contribute to the development of physical therapy

We seek to support the academic development of physical therapists by sponsoring and holding academic training conferences and supporting various academic conferences that are held in Japan and abroad. In addition, we formulate physical therapy guidelines and terminology, and publish academic journals with the participation of physical therapists actively engaged all throughout the nation. The Japanese Physical Therapy Association was incorporated as an academic research organization in April 2021, becoming the Japanese Society of Physical Therapy with a focus on researchers. We intend to further contribute to future developments in the science of physical therapy by publishing the results of this research.

Education

Lifelong learning system to improve the quality of Japanese physical therapists

Physical therapists continue various training and self-study daily, and strive to understand the constantly advancing professional interdisciplinary area of physical therapy in order to provide better physical therapy to the object person(client). The cooperation not only conducts face-to-face training, but promotes introduction of e-learning, while hosts workshops, provides information, and supports self-learning so that physical therapists throughout the country can efficiently improve their skills.

Profession

Evidence-based policy proposal for proper system design

A physical therapist is a health care worker licensed by the Minister of Health, Labor and Welfare and has a close relationship with Japan's laws and policies. We propose policies and measures to the national and local governments, introduce advanced case studies, and implement model projects and other projects to expand scope of practice and professional areas, and enhance the social value of physical therapy (physical therapist) through support projects that expand professional areas. These are important tasks of association.

International activities

We are developing human resources who can provide services globally and locally by creating projects to cooperate with and contribute to international organizations both bilaterally and multilaterally.

Public relations activities

With the aim of gaining a proper understanding and dissemination of physical therapy, we operate owned media, produce videos, create posters and produce handbooks.

Special business

Home-Visit Rehabilitation Promotion Foundation

In October 2012 the association established the Home-Visit Rehabilitation Promotion Foundation in cooperation with the Japan Association of Occupational Therapists and the Japanese Association of Speech-Language-Hearing Therapists in order to support the area that was severely damaged by the Great East Japan Earthquake that occurred on March 11, 2011.

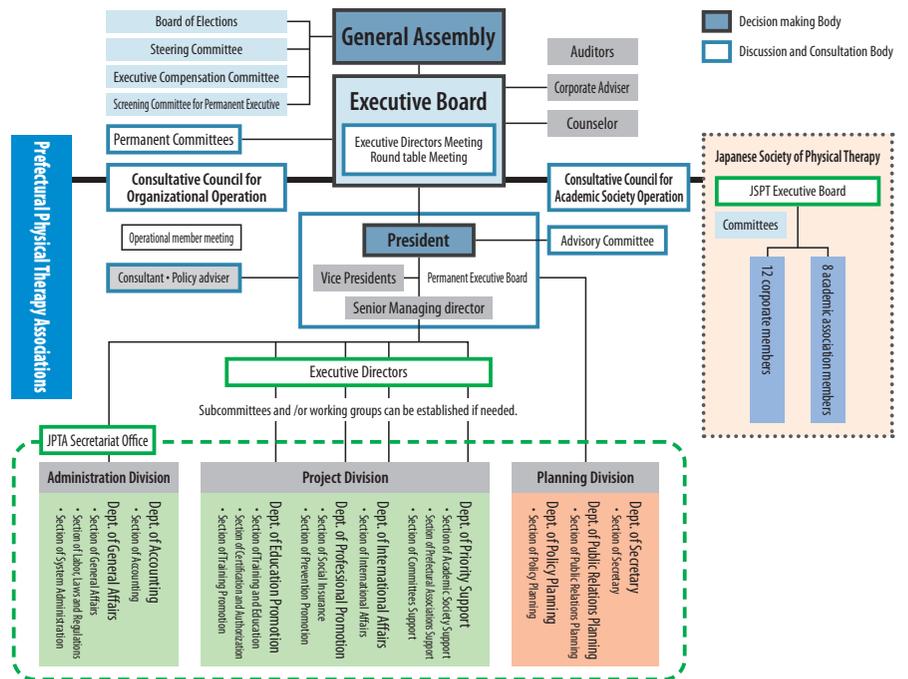
Today, 10 years after the earthquake, we still have facilities based in Minami Soma city in Fukushima Prefecture, Miyako city in Iwate Prefecture, and Kesenuma city in Miyagi Prefecture.



Organizational structure

The association is creating an organizational structure that addresses the wide variety of issues that Japan is facing today in the fields of medical care, long-term care, health care, and welfare-related services. By means of collaboration activities involving the Japanese Physical Therapy Association, prefectural physical therapy associations, and the Japanese Society of Physical Therapy, we aim to contribute to society as a public service organization, increase the spread of physical therapy as a professional association, and promote research activities that contribute to the health of the Japanese people.

Japanese Physical Therapy Association organization chart (As of June 2021)



Prefectural Physical Therapy Associations

Local organizations working with JPTA

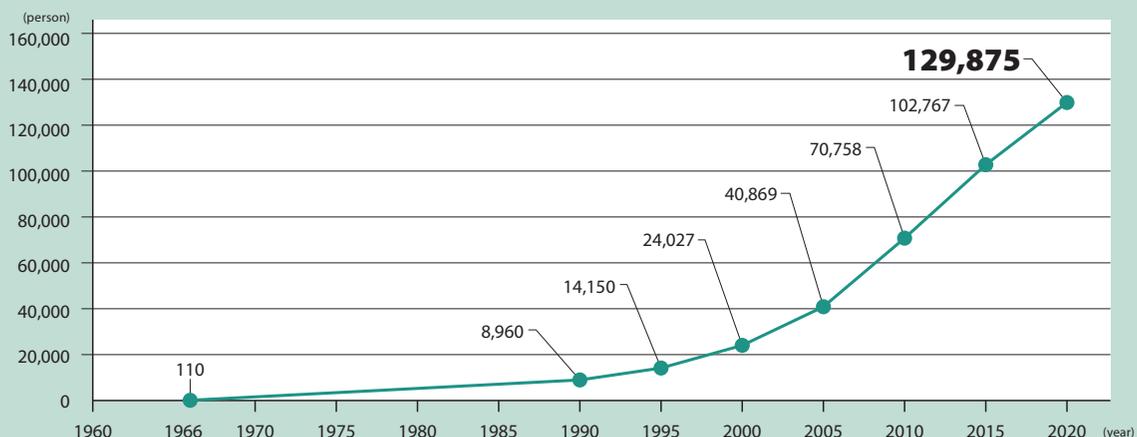
Members who join the association also belong to the prefectural physical therapy associations where their workplace or residence locate. The associations located in 47 prefectures nationwide carry out activities closer to our members according to the characteristics of each region. Based on a two-pronged approach that comprises the major activities in the government and other national professional associations by the association, which is the central organization of professional associations, together with the regional activities of the prefectural physical therapy associations, we are contributing to the spread of physical therapy and the promotion of medical care, long-term care, health care and welfare-services for the Japanese people.

Japanese Society of Physical Therapy

Toward the promotion of the science of physical therapy

We have entered an era in which physical therapy based on science and evidence is very much needed in the fields of medical care and long-term care. The Japanese Society of Physical Therapy, which became an incorporated association in April 2021, and its member organizations (12 corporate members and 8 academic association members) have further enhanced their research activities, and are working on the standardization of physical therapy and policy proposals based on the research results. We encourage the many members of the Japanese Physical Therapy Association to participate in our academic society activities and will continue to promote the significant progress of their achievements.

Changes in numbers of memberships



※ As of the end of 2020 (including 14,771 absentees)

Association Outline

Name	Japanese Physical Therapy Association	
President	Hideyuki Saito	
Address	7-11-10 Roppongi, Minato-ku, Tokyo, 106-0032, Japan	
Executives	One President Three Vice Presidents One Chief Managing Director	Four Standing Directors Fourteen Directors Three Auditors
Number of Members	Regular member: 129,875 (including absentees) Supporting company: 50	
Number of Staff	54 (including temporary staff)	
Purpose	The purpose of this corporation is to improve the personality, ethics and academic skills of physical therapists, to promote the spread of physical therapy in Japan, and thereby contribute to the promotion of medical care, health and welfare of the people. (Clause 3 in the Article of JPTA)	
Business Descriptions	(1) Projects that contribute to the promotion of public health and welfare and prevention of disability and illness (2) Projects that contribute to the promotion of the academic and scientific technology in physical therapy (3) Projects that contribute to international cooperation and contribution (4) Projects that contribute to improving health and education by cooperating with educational institutions (5) Projects for issuance of publications about physical therapy and research study (6) Projects that improve the social status of physical therapists and are related to mutual welfare (7) Other necessary businesses to achieve the purpose of this association (Clause 4 in the Article of JPTA)	
Scale of business	1,341.49million yen	
Website (EN)	https://www.japanpt.or.jp/english/	

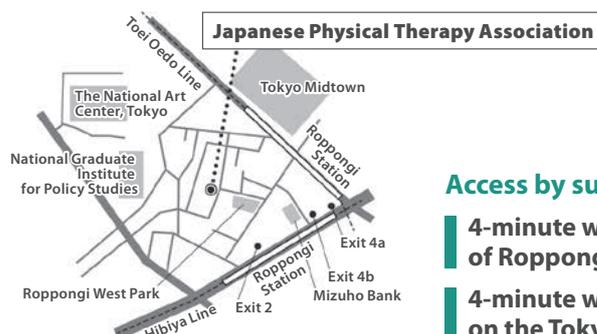
History of the Japanese Physical Therapy Association

- 1963 Founded Japan's first physical therapist training institution
- 1965 Promulgation of the Physical Therapists and Occupational Therapists Act
- 1966 Established Japanese Physical Therapy Association
Held the 1st Japanese society of physical therapy
Held the 1st national training workshop of Japanese physical therapist**
- 1972 Approved as an incorporated association by the Ministry of Health and Welfare**
- 1979 Started junior college education (Kanazawa Coll. of Medical Technology and Nursing)
- 1990 Certified as an academic research group by the Science Council of Japan**
- 1992 Started university education (Department of physical therapy, Hiroshima University School of Medicine)

- 1994 Started new member education program of the association**
- 1997 Introduced lifelong learning system and professional physical therapist system**
- 1998 Sendagaya Kaikan completed
- 1999 Held the workshop of World Confederation of Physical Therapy (Yokohama)**
- 2009 Firstly elected the physical therapist to be a member of the House of Representatives
- 2012 Approved as the public interest incorporated association by Prime Minister**
- 2017 Held the Asian Physical Therapy Forum
- 2020 Completed construction of new building, transferred secretariat office and administrative functions**

Access information

7-11-10 Roppongi, Minato-ku, Tokyo, 106-0032, Japan Tel: +81 3-5843-1747 / Fax: +81 3-5843-1748



Access by subway

4-minute walk from Exit 7 of Roppongi Station on the Toei Oedo Line

4-minute walk from Exit 4b of Roppongi Station on the Tokyo Metro Hibiya Line